

## Virginia Wounded Warrior Program Northwestern Health Planning Region I:

### Central Virginia CSB

Counties of Amherst, Appomattox, Bedford, and Campbell and Cities of Bedford and Lynchburg  
434-847-8050 • [www.cvcbs.org](http://www.cvcbs.org)

### Harrisonburg-Rockingham CSB

County of Rockingham and City of Harrisonburg  
540-434-1941 • [www.hrcsb.org](http://www.hrcsb.org)

### Northwestern CSB

Counties of Page, Shenandoah, Warren, Clarke and Frederick and City of Winchester  
540-636-4250 • [www.nwscsb.com](http://www.nwscsb.com)

### Rappahannock Area CSB

Counties of Caroline, King George, Stafford, Spotsylvania and City of Fredericksburg  
540-373-3223 • [www.racsb.state.va.us](http://www.racsb.state.va.us)

### Rappahannock-Rapidan CSB

Counties of Culpeper (540-825-5656), Fauquier (540-347-7620), Madison (540-948-5911), Orange (540-672-2718) and Rappahannock (540-675-3329) • [www.rrcsb.org](http://www.rrcsb.org)

### Region Ten CSB

Counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson and City of Charlottesville  
434-972-1800 • [www.regionten.org](http://www.regionten.org)

### Rockbridge Area CSB

Counties of Bath and Rockbridge and Cities of Buena Vista and Lexington  
540-463-3141 • [www.racsb.org](http://www.racsb.org)

### Valley CSB

Counties of Augusta, Highland and Cities of Staunton and Waynesboro  
540-887-3200 • [www.valleycsb.org](http://www.valleycsb.org)

*No one is denied services based on inability to pay.  
Financial Assistance is Available.*

## Virginia Wounded Warrior Program

The Virginia Wounded Warrior Program (VWWP) was created by the 2008 General Assembly to ensure that services to veterans and their families are readily available in all areas of the state. It is operated by the Virginia Department of Veterans Services in cooperation with the Department of Behavioral Health and Developmental Services, formerly the Department of Mental Health, Mental Retardation and Substance Abuse Services, and the Department of Rehabilitative Services.

For additional information:  
[www.dvs.virginia.gov/woundedwarrior](http://www.dvs.virginia.gov/woundedwarrior)



### Rappahannock Area Community Services Board

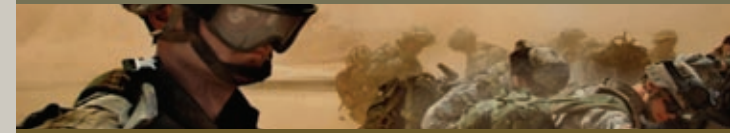
600 Jackson Street / Fredericksburg, VA 22401  
540-373-3223

[www.racsb.state.va.us](http://www.racsb.state.va.us)

Community Services Boards comply with the Americans with Disabilities Act. Equal access to programs, services, and employment is available to all persons.

Information current as of 7/2009  
and is subject to change without notice.

Northwestern Health Planning Region I



Virginia Wounded Warrior Program

## Services for Veterans and Their Families

Funded by a generous  
grant from



[www.nvwawoundedwarrior.org](http://www.nvwawoundedwarrior.org)  
540-373-3223, ext. 3085



# Services for Veterans and Their Families

## Services for Veterans and Their Families

The Virginia Department of Veterans Services, working through local Community Service Boards (CSBs), provides services to veterans and their families for any stress-related problem as well as traumatic brain injuries resulting from service in combat areas.

## Who We Serve

Our program supports the following persons on their road to recovery from the effects of stress related injuries (such as post traumatic stress disorder) or traumatic brain injuries:

- Veterans of any era who are Virginia residents
- Members of the Virginia National Guard
- Members of the Armed Forces Reserves
- Family members of veterans and service members



## Services We Provide

Services are provided by Community Services Board clinicians, staff, and Peer Support Specialists.

- Peer Support Groups
- Marriage Counseling
- Family and Child Counseling
- Substance Abuse Counseling
- Identification and Treatment of Post-traumatic Stress Disorder (PTSD)
- Identification and referral for traumatic brain injuries
- Referral information

Services can be accessed through your local Community Services Board (contact information provided on back panel). **All services are confidential.**

There are four veteran Peer Support Specialists based in the following localities:

Central Virginia CSB (Lynchburg),  
Northwestern CSB (Front Royal),  
Rappahannock Area CSB (Fredericksburg),  
and Region Ten CSB (Charlottesville).

The Peer Support Specialists facilitate veterans peer and family support groups. Peer Support Specialists provide outreach and referral services to veterans and their families.

